

## From Elizabeth's Desk

### Random act of kindness day 2025

Monday the 17th of February was **Random acts of Kindness Day!** Random Acts of Kindness Day is a reminder **that small gestures of kindness have the power to change the world.** By spreading love and positivity, we can create a more compassionate and caring society. Students and staff took the opportunity on **February 17th** to think about and perform random acts of kindness and inspire others to do the



Here are some key reasons why **students benefit from participating in Random Acts of Kindness Day**, their participation:

#### 1. Builds a Positive School Culture

- Encourages a **supportive and inclusive** environment.
- Reduces **bullying and conflicts** by promoting kindness.

#### 2. Enhances Social & Emotional Learning (SEL)

- Helps students develop **empathy and compassion.**
- Strengthens **emotional intelligence** and relationship-building skills.

#### 3. Boosts Mental Health & Well-Being

- Acts of kindness **increase happiness and reduce stress.**
- Helps combat **anxiety and depression** by focusing on positive actions.

#### 4. Encourages Leadership & Responsibility

- Teaches students the power of **small actions creating a big impact.**
- Promotes **civic engagement** and **community involvement.**

#### 5. Creates a Ripple Effect in the Community

- Inspires others to **pass it on**
- Strengthens connections between **students, teachers, and the local community.**

#### 6. Improves Academic Performance

- A positive school environment leads to **better focus and motivation.**
- Students feel more **valued and engaged**, leading to improved participation.

#### 7. Reinforces Ethical & Character Development

- Aligns with **values like respect, generosity, and integrity.**
- Helps students understand the **importance of giving without expecting anything in return.**

[All of the above are linked to upholding the MSA accreditation standards]

**Learning to be kind and think of others helps children develop the strong ROOTS they need to be able to FLY!**

This year **Random acts of Kindness Day** was on the same day as the STUCO assembly on **Self affirmation and caring for others.** Perfectly timed! 😊



Community colouring.

Positive affirmations from the from the Student Council Assembly





Despite the 4-day week. It has still been a busy one full of learning and play. We began the week by learning about the entrepreneur, civil rights activist and philanthropist - Madam C.J. Walker.

For ELA we learnt how to use personal Pronouns in our writing.

In Math the Kindergarten children learnt how to make number bonds of 10 and the Pre-K children learnt how to match a number of objects to its written number.

In Science we continue to learn about amazing plants. This week's lesson we learnt about the different parts of plants and trees. We focused on each parts function and used our writing skills to label them.





## Grade 1-2

The Pangolins had a week filled with new learning and joyful moments. We started the week by doing one extra kind gesture for our friends and people we appreciated in our school community. We wrote letters to those individuals, who made us feel good and put a smile on someone's face. We were also able to give Mrs. Elizabeth a birthday surprise! Happy Birthday Again, Mrs. Elizabeth.

In IPC, we have been studying our different body parts, their functions, and how to keep them healthy. Our literacy and math skills are also improving quite well!





## Grade 3-4

This week, Grades 3 and 4 students visited Kerri Town, a small settlement in Freetown. During the visit, they had the opportunity to meet with the Headman of the community, as well as his Deputy and Secretary. The community leaders shared the rich history of Kerri Town and how it was founded.

The Headman, a descendant of the second settler, recounted his family's story. His great-grandfather was originally from Guinea but was sold into slavery. After slavery was abolished, he was brought to Freetown, Sierra Leone. However, he chose not to return to Guinea due to his resentment over being sold. Instead, he walked from Freetown to Kerri Town, where he met the first settler, Pa Kerri, and decided to stay.

The students were deeply engaged, asking numerous questions and having insightful conversations with the community leaders. They explored various aspects of village life, visiting the local school, mosque, farm, river, playground, garden, traditional kitchen, deep water well, and even a historic graveyard. They also visited the "Baray," the community gathering place where disputes are resolved.

It was a fascinating and immersive learning experience. The students thoroughly enjoyed the trip, returning to school exhausted but enriched by all they had seen and learned.









# Grade 5-8 (Math and Science)

This week in middle school Math, grade 5 began their final lesson of unit 2, adding and subtracting fractions in word problems. Grade 6 began reviewing for their unit 2 assessment. Grade 7 completed their lesson on using the four operations with negative numbers. Grade 8 began solving linear equations in one variable.

In Science, grades 5 and 6 learned the parts of the eye and optical illusions. Grades 7 and 8 studied the heart.



**Apply your thinking to a new problem**

8 Glen, Andre, and Ramón share the cost of renting a vacation cottage. The total cost is \$960. Glen pays 30% of the total cost. Andre pays 0.45 of the total cost. Ramón pays the rest. How much does Ramón pay? Show your work.

$$\begin{array}{r} 1.30 \\ - 45 \\ \hline 75 \end{array}$$

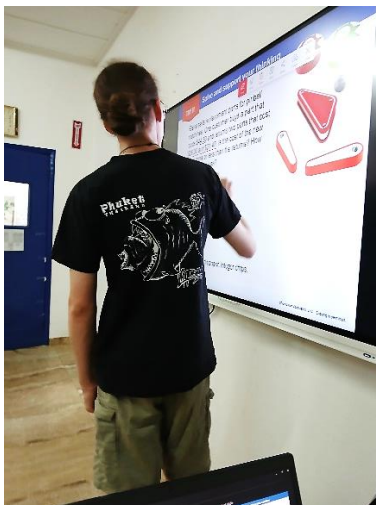
$$\begin{array}{r} 960 \\ \cdot 0.25 \\ \hline 240 \end{array}$$

$$960 - 75 - 240 = 645$$

Ramón Pays \$240.

**SOLUTION** \_\_\_\_\_

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**Apply it** **Apply your thinking to a new problem**

7 Adriana is rock climbing. She started at an elevation of  $-36.5$  m relative to sea level, and will finish at an elevation of  $25\frac{3}{4}$  m. Her climb is now 80% complete. Estimate her current elevation. Then find her actual elevation. Show your work.

$$\begin{array}{r} 36.5 \\ + 25.75 \\ \hline 62.25 \end{array}$$

$$\begin{array}{r} 62.25 \times .8 \\ = 49.80 \\ - 36.5 \\ \hline 13.30 \end{array}$$

**SOLUTION**  $13.30$  m is her current elevation.

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## Grade 5-6 (Donation)

Grades 5 and 6 went on a short field trip to Wilberforce School on Thursday to donate school supplies. The school has 300 students in grades 4, 5 and 6 and they were very appreciative of our donation. We would like to give a special thank you to our very own Aisha, who spent her earnings from the Entrepreneurship Fair to purchase the majority of the supplies. It was a great experience, and the students are eager to find ways to raise money to be able to donate to another school! AISF is truly a small school with a **big heart** and the students were shining examples of that this week!





# Grade 5-8 (English and Social Studies)

This week in ELA the grade 5/6 class practiced new ways to read together as a group, in addition to reflecting on the content of the book and completing personalized i-Ready lessons. The grade 7/8 class prepared for a class discussion that will take place next week, in addition to completing personalized i-Ready lessons. While in social studies the 5/6 class completed their Mayan pyramids and finished their study of the ancient societies of South America with a reflective lesson on the impact of the Mayan, Aztecs, and Inca. In grade 7/8, students both researched what it means to be on the political left and right, and how this might affect policy and one's general outlook on the world. This activity is connected to an ongoing unit on media literacy. In addition, students began building models of the Colosseum to wrap up their unit on Ancient Rome.





# High School

Classic week for our High School students. Collaborative work and knowledge exchange.





# French (Middle School)

Grade 7 and 8 are discovering their new workbook, *Français Plus 4*. The students immediately noticed that the level is higher and were ready to face the new challenge. In the first lesson the school vocabulary is revised, but also many new words were added. The comprehension texts are longer and new is the oral comprehension: we listen to a dialogue and try to understand it by answering questions about it. The students also started doing role plays in class. It's time to start using the language! The conjugation of *avoir* and *s'appeler* was revised and new was how to use *tu* and *vous* in French. It can be complicated for English speakers, since there is only one translation for both: you.

The Francophones learned new words in the text they read about a hat with a defect, and they made lots of exercises on the agreement of adjective and noun in French and the conjugation of the *passé composé* with *être*.

But it is also Black History Month. Since we don't want to limit ourselves to France, we watched a video on how this month is celebrated all over the world. But we came back to France, learned about the Afro-Americans that came to Europe during the Second World War and focused in particular on the amazing life of Josephine Baker. It was a pleasure to see how the music of the song we analyzed, *J'ai deux amours* (1930), was appreciated by the young ears of the students.





## LOOKING AHEAD



Monday 24 February	MSA Coordinator and Director's Check-in with the MSA Regional Leader for the Accreditation team
Wednesday 26 February	ECC trip to Gigi Bonta
Thursday 27 <sup>th</sup> February	Lunchtime Live music 2
Friday 28 February	Black History Month Assembly for students
Monday 3 <sup>rd</sup> March- Friday 7 <sup>th</sup> March	Students visiting from the American International School Monrovia
Monday March 10	International Women's Day School Closed
Tuesday March 11 <sup>th</sup>	ECC Trip to the Biodiversity and Renewable Energy Learning Center
Thursday March 13	End of Trimester 2 Final Fee Payments Due
Friday March 14	<div>PI Day</div> 